Skip-a-Day – Non-Leap Years
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Don't want to do every single day? 365 sounds overwhelming? Try this.

B	Jan 1	Jan 3	Jan 5	Jan 7	Jan 9	Jan 11	Jan 13	Jan 15	Jan 17	Jan 19	Jan 21	Jan 23	Jan 25
Jan 27	Jan 29	Jan 31	B	Feb 2	Feb 4	Feb 6	Feb 8	Feb 10	Feb 12	Feb 14	Feb 16	Feb 18	Feb 20
Feb 22	Feb 24	Feb 26	Feb 28	B	Mar 2	Mar 4	Mar 6	Mar 8	Mar 10	Mar 12	Mar 14	Mar 16	Mar 18
Mar 20	Mar 22	Mar 24	Mar 26	Mar 28	Mar 30	B	Apr 1	Apr 3	Apr 5	Apr 7	Apr 9	Apr 11	Apr 13
Apr 15	Apr 17	Apr 19	Apr 21	Apr 23	Apr 25	Apr 27	Apr 29	B	May 1	May 3	May 5	May 7	May 9
May 11	May 13	May 15	May 17	May 19	May 21	May 23	May 25	May 27	May 29	May 31	B	Jun 2	Jun 4
Jun 6	Jun 8	Jun 10	Jun 12	Jun 14	Jun 16	Jun 18	Jun 20	Jun 22	Jun 24	Jun 26	Jun 28	Jun 30	B
Jul 2	Jul 4	Jul 6	Jul 8	Jul 10	Jul 12	Jul 14	Jul 16	Jul 17	Jul 20	Jul 22	Jul 24	Jul 26	Jul 28
Jul 30	B	Aug 1	Aug 3	Aug 5	Aug 7	Aug 9	Aug 11	Aug 13	Aug 15	Aug 17	Aug 19	Aug 21	Aug 23
Aug 25	Aug 27	Aug 29	Aug 31	B	Sep 2	Sep 4	Sep 6	Sep 8	Sep 10	Sep 12	Sep 14	Sep 16	Sep 18
Sep 20	Sep 22	Sep 24	Sep 26	Sep 28	Sep 30	B	Oct 2	Oct 4	Oct 6	Oct 8	Oct 10	Oct 12	Oct 14
Oct 16	Oct 18	Oct 20	Oct 22	Oct 24	Oct 26	Oct 28	Oct 30	B	Nov 1	Nov 3	Nov 5	Nov 7	Nov 9
Nov 11	Nov 13	Nov 15	Nov 17	Nov 19	Nov 21	Nov 23	Nov 25	Nov 27	Nov 29	B	Dec 1	Dec 3	Dec 5
Dec 7	Dec 9	Dec 11	Dec 13	Dec 15	Dec 17	Dec 19	Dec 21	Dec 23	Dec 25	Dec 27	Dec 29	Dec 31	B

14 x 14 Grid = 196 squares total, with 13 blank squares between months and at the end

Measurement possibilities without borders:
4" squares = 56" x 56" ♦ 5" squares = 70" x 70" ♦ 6" squares = 84" x 84" ♦ 7" squares = 98" x 98"
10cm squares = 140cm x 140cm ♦ 15cm squares = 210cm x 210cm ♦ 18cm squares = 252cm x 252cm